

and miracles of yesterday, today and tomorrow. May we take up God's invitation, "Come and be fed!"

## SHARING COMMUNION



## PRAYER AFTER COMMUNION

May we who have been fed at this table remember that we are the body of Christ in the world today. May we who have tasted this cup open our hearts in welcome, fill our words with grace, and with our actions offer full life to all. In this, may people see the face of the Christ among them, know the love of God within them, and feel the power of the Spirit at work in their living. May we walk with Jesus from this table, disciples and people of his way. Amen.

adapted from *Gathering*, Pentecost 2 2013, page 53 (Written by Dianne Astle, Carman UC)

## "BREAD FOR THE HUNGRY"

One: This table is a sacred place – a holy place – a thin place – a place where the realm of God and Spirit comes especially close to us – reaching out, and reaching in, to touch us in the realm of our living and breathing.

**ALL: This table has roots that go deep into ancient stories of covenants made and symbolized through breaking bread and sharing a meal.**

One: This table calls us into tomorrow ... speaking to life beyond the boundaries that we know.

**ALL: Christians around the world gather at tables like this one. Along with them, we remember and take into ourselves the ministry and message of Jesus, who sat at table with his disciples.**

One: In the stories that ground and feed our faith, ... knowing God's embrace, and being renewed and healed.

**ALL: Following Jesus' way, at this table everyone is welcome – young and old, doubtful and faith-filled, fearful and confident,**

newcomer and long-timer, church and no church. With the great cloud of witnesses from all times and places, we join our voices to name the openness and unity in this moment

Sing "*One Bread, One Body*"  
(VU p. 467, refrain)



*One bread, one body, one Lord of all,  
one cup of blessing which we bless;  
and we, though many, throughout the  
earth, we are one body in this one Lord.*

One: At the table we break bread ... with mystery,  
and we respond with wonder and awe.

**ALL: Hurts are healed, forgiveness is found,  
courage is built up, hope is renewed, and the  
spirit within us is nourished by the sacred in a  
way that goes far beyond our ability to name or  
tell.**

One: When we break bread here at this table, ...  
for our lives and for living as people of faith.

**ALL: Then, as followers of Jesus' ways, we are  
sent to be a people whose lives are broken**

open in love for a hurting world. From our  
common being as one body of Christ, we share  
our love for one another and for the world that  
God loves.

Sing "*One Bread, One Body*"

One: At this table we share a cup. ... "The one who  
comes to me will never be thirsty."

**ALL: What this cup holds would be impossible  
without the life and growth that happen only  
with both light and water. Our very lives  
depend on these – as they come to us through  
food and drink.**

One: We remember that on that same night, ... in  
the everyday moments of their lives.

Sing "*One Bread, One Body*"

One: And so we gather at this table, ... breaking of  
the bread and the pouring of the cup.

**ALL: May we come to this place, this moment  
and this table to embrace mysteries**