

One: Grounded in the bread we break and the cup we share, we give thanks for what we receive at this table: wholeness and unifying peace, courage to break boundaries and strength to give of ourselves for the life of others.

All: We are one with love itself in the path that we follow and the life we are called to lead.

Sharing Communion

Prayer After Communion

For all we have been given here, we offer our thanks. For the life into which we are called, we offer our thanks. For being filled once more as blessings for all, we offer our thanks. In the power of God's love, may we become all we are created to be. Led into service as followers of Jesus' way, invited into passion as people of the Spirit, may we find life made new, and bring that life to birth in our place within God's realm. Amen.



World Communion: Breads of the World

Welcome

Breads of the World



One: Breads are universal. Breads are symbols of the many different peoples within the family of God. It could be spicy bread in honour of the people of Ethiopia.

All: May we remember all of Africa's people, who struggle with poverty, drought, famine, and civil war; just as life is for too many people in too many countries.

One: It could be pita bread in honour of the people of the Middle East.

All: May we remember the people of this heartland of major world faiths, where people have been working through many decades for peace, yet are often haunted and divided by conflict.

One: It could be naan bread in honour of the people of India and Pakistan.

All: May we remember these people, whose lands are sometimes devastated by flood and

disease. May the hearts of the nations open in generosity to bring hope and healing to all lands and their peoples.

One: It could be sweet bread in honour of the people of the Iraq and Iran.

All: May we remember the diverse peoples of this region where religion and politics too often frustrate the work for peace, and lead these and other nations into violence and warfare.

One: It could be banana bread in honour of the people of Jamaica.

All: May we remember that beyond the tourism ads there are hundreds of thousands of sisters and brothers facing incredible challenges with violence and poverty.

One: It could be rice cake in honour of the peoples of Asia.

All: May we remember these people who struggle with evolving political and social systems, and seek new roles in the decisions of their lives.

One: It could be bread of our own customs, familiar in our lives and nourishing to some, but not all.

All: May we remember those people for whom bread is dangerous, and those for whom

bread is a luxury too often beyond their means.

Communion and Community

One: At this table we are shaped and formed by the mystery . . .

. . . so powerful it led to his death.

All: Here we become what we were made to be, one family blessed and bonded, fed and nurtured to be a blessing to the world.

Thanksgiving

One: Grounded in the One that is our source of existence, we give thanks for the gift of life that connects us to all creation.

All: We are one with Earth and all that is.

One: Grounded in the body that is the life of Christ, we give thanks for our brothers and sisters who follow the way of Jesus.

All: We are one with those who share our story.

One: Grounded in the Spirit's passion for justice, we give thanks for all who work for the common good.

All: We are one with all who seek the community of compassion.